

— Invitation to the 24th Edition of —

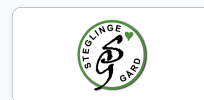
Öresundsträffen

— in Helsingborg —

3–4 October 2026



Our sponsors



Öresundsträffen 2026 - Invitation

HBK Bergania warmly invites you to participate in the 24th edition of Öresundsträffen 2026.

Welcome to Helsingborg!

Idrottens Hus, Mellersta Stenbocksgatan 10, 254 33 Helsingborg, Sweden

Date of tournament

Saturday 3 October 2026 and **Sunday 4 October 2026**.

Rules

Nordic A/B pool system with semifinals for weight classes with 6 or more wrestlers (minimum 2 matches). Round Robin for classes with 3-5 wrestlers, including floating weight classes. Classes with 2 wrestlers are decided best-of-3.

Registration

Online registration: www.profixio.com/app/oresundstreffen-2026

Closing date: **Friday 25 September 2026**

Entry adjustments are possible via the website until 25 September. Withdrawals from 26 to 30 September are made via e-mail: oresundstraffen@gmail.com. The registration fee is **500 Swedish crowns per participant**. Payment is made on the website for registration.

Programme

Weigh-in and medical check-up

Friday 2 October, 16:30-20:30. Passport is required. Additional weigh-in opportunity for seniors on Saturday 3 October, 11:30-12:00.

IMPORTANT! Weigh-in cards for wrestlers who have withdrawn must be returned to the secretariat during the weigh-in. If needed, there is access to sauna.

Opening ceremony

Wrestlers will be lined up club-wise before the tournament starts on Saturday morning.

Matches on six mats

Saturday 3 October, 09:00-ca 18:00, all categories.

Sunday 4 October, 09:00-ca 15:00, all categories.

Categories with the youngest wrestlers will start. Seniors (GR and WW) will enter the tournament around 14:00.

Awards

All wrestlers in floating weight classes will receive a medal: 1st, 2nd, 3rd, 4th, (4th) place. In all other categories, 1st, 2nd and 3rd place receive a medal according to their ranking.

Best ranked clubs: **1st place 10,000 SEK, 2nd place 5,000 SEK, 3rd place 3,000 SEK.**

Cafeteria

The cafeteria will be open during the whole tournament. Among other foods, sandwiches, hamburgers and hotdogs are available.

Contact

Fredrik Sjöberg: **+46 732 30 63 72**

Questions concerning web registration should be addressed to Cornelia Kronvall: **+46 738 19 42 00**

Age and weight categories

Men - Greco-Roman style

Category	Year of birth	Weight (kg)
GR9	2019-2017	Floating weight classes ≥ 20 kg
GR11	2017-2015	Floating weight classes ≥ 20 kg
GR13	2015-2013	29, 32, 35, 38, 42, 47, 53, 59, 66, 66+
GR15	2013-2011	31/34, 38, 41, 44, 48, 52, 57, 62, 68, 75, 85, 85+
GR17	2011-2009	41/45, 48, 51, 55, 60, 65, 71, 80, 92, 110
GR (+2 kg)	2009-	55, 60, 63, 67, 72, 77, 82, 87, 97, 130

Women - Women's wrestling style

Category	Year of birth	Weight (kg)
WW9	2019-2017	Floating weight classes ≥ 20 kg
WW11	2017-2015	Floating weight classes ≥ 20 kg
WW13	2015-2013	23, 26, 29, 32, 35, 40, 45, 50, 50+
WW15	2013-2011	29/33, 36, 39, 42, 46, 50, 54, 58, 62, 66, 66+
WW17	2011-2009	36/40, 43, 46, 49, 53, 57, 61, 65, 69, 73
WW (+2 kg)	2009-	50, 53, 55, 57, 59, 62, 65, 68, 72, 76

*NOTE! Age categories GR9/WW9 and GR11/WW11 are divided into groups of up to five wrestlers (Round Robin) of similar weight after weigh-in.

Accommodation

Recommended hotels

Good Morning+ Helsingborg

Gustav Adolfsgatan 47

Booking: +46 42 495 21 00 or e-mail helsingborg@gmorninghotels.se

Single room: **770 Swedish crowns**

Double room: **870 Swedish crowns**

3-bed room: **970 Swedish crowns**

Breakfast and free parking are included.

State when booking: **ÖRESUNDSTRÄFFEN2026**

Last day of booking: **September 18.**

Scandic Helsingborg Nord

Florettgatan 41

If you need 1-9 rooms:

Booking by phone: +46 8 517 517 00 or through website: www.scandichotels.se

Booking number: **BORT021026**

If you need more than 9 rooms:

Booking e-mail: meeting.helsingborg@scandichotels.com

Reference and number: **Öresundsträffen2026** and **98119236**

Breakfast and free parking are included.

Single room: **990 Swedish crowns**

Double room: **1090 Swedish crowns**

3-bed room: **1290 Swedish crowns**

4-bed room: **1490 Swedish crowns**

Last day of booking: **September 18.**